# KIDS MENU

# **KIDS MIDWEEK MENU**

ORDER THE MAIN AND DESSERT AT THE SAME TIME AND WE'LL HOLD THE DESSERT UNTIL YOU'RE READY

### **ENJOY 2 COURSES LITTLE EATERS 5.49 BIGGER EATERS 6.49**

Choose your main with cucumber sticks on the side

## Choose your side

from Yorkshire pudding 160kcal, mash 146kcal, roasties 137kcal or fries 178kcal



**FISH FINGERS** 

Then help yourself to all the veg you like As each plate is different, calorie information for vegetables can be found at the carvery

### FOR BABIES UNDER 3 YEARS

For very young children you are welcome to feed your child from your own plate, or, order our baby bowl which comes with a Yorkshire pudding. Then help yourself to veg and gravy. 80kcal 99p

### FOR LITTLE EATERS SUITABLE FOR 3 - 6 YEARS

#### **CHICKEN DIPPERS**

Four breaded chicken breast pieces. 250kcal

#### **TOMATO PENNE PASTA (VE)**

Pasta tubes in a tomato sauce 1 of your 5 a day 246kcal

### FOR BIGGER EATERS SUITABLE FOR 6 - 12 YEARS

**KIDS CARVERY** 

Choose from our freshly carved roasts, then help yourself to freshly steamed and roasted vegetables and potatoes.

MARGHERITA PIZZA (V) A simple tomato sauce base topped with mozzarella. 421kcal A vegan serve is also available (VE) 386kcal

#### VEGGIE FINGERS (VE) Four veggie fingers coated in breadcrumbs. 222kcal

**BEEF BURGER** 

A juicy beef burger served on a toasted bun with lettuce and tomato. 235kcal

**CHICKEN DIPPERS** Six breaded chicken breast pieces. 370kcal

CHICKEN BURGER Half a chicken fillet in a toasted burger bun with lettuce and tomato 229kcal

Two Omega 3 fish fillet fingers coated in breadcrumbs 176kcal

**FISH FINGERS** Three Omega 3 fish fillet fingers coated in breadcrumbs. 266kcal



Help yourself to all the veg and sauces you like from the carvery and gravy station

### DIG INTO A DESSERT INCLUDED IN THE PRICE

### ICE CREAM (V)

Choose a scoop of your favourite flavour plus a topping and sauce. Please see our ice-cream flavours in the main menu.

### **PIP® ORGANIC ICE LOLLY (VE)**

A Pip® Organic tropical fruit ice lolly. 20kcal

### STRAWBERRIES (V)

Halves of fresh strawberry topped with your choice of fluffy cream 118kcal or ice cream 99kcal, drizzled with strawberry sauce. 53kcal

### **CHOCOLATE BROWNIE (V)**

Baked with cookie dough pieces and served with chocolate sauce and a scoop of vanilla ice cream. 308kcal

### CUSTARD & CRISPIES (V)

A bowl of warm custard decorated with multi coloured chocolate crispies, 194kcal

THE DRINK STOP

**ROBINSONS® FRUIT SHOOT** No added sugars. Choose from Apple & Blackcurrant 8kcal or Orange 17kcal

HALF PINT OF MILK 111kcal



**APPLE FIZZ** Apple juice mixed with no added sugar lemonade. 49kcal

LUCYS' ST CLEMENTS Orange juice mixed with no added sugar lemonade. 53kcal

Allergen Information: All our allergen information is available online or via our Glass Onion app. It's easy to filter out dishes containing any of the 14 major allergens and is always kept up to date. Our food and drinks are prepared in food areas where cross-contamination may occur and our menu descriptions do not include all ingredients. If you have any questions, allergies, or intolerances, or need help accessing our allergen information, please let us know before ordering.

(V) made with vegetarian ingredients, (VE) made with vegan ingredients, however some of our preparation, cooking and serving methods could affect this. If you require more information, please ask your server. Our fish have been carefully filleted, however some small bones may remain. All calories are correct at the time of menu print. Live nutrition information is available online.

The Need to Know Bits: - Photography is for illustrative purposes only. All items are subject to availability. Our team appreciate recognition for good service and you can be sure that tips are kept by the people who serve you.